

UNITED STATES KARATE ALLIANCE

2025 EASTERN REGIONAL KARATE CHAMPIONSHIPS

Weapons – Kata – Kumite – Self Defense – Chanbara

OPEN TO ALL KOREAN, JAPANESE, OKINAWAN AND CHINESE MARTIAL ARTS STYLES AND ORGANIZATIONS



USKA Maximum
Triple Sanction

FEBRUARY 1, 2025

Louisiana Tech Lambright Center
Ruston, Louisiana



Pre-registration deadline January 29th.

(All pre-registered competitors will be bracketed in bottom half of kata divisions)

Registration: 8AM

Chanbara & Self-Defense 9AM

Adult Black Belt 10AM



For more information:

Buster Cotten

Bacotten@hotmail.com

WWW.USKARATEALLIANCE.COM



2025 South Central Regional Championships

U.S. Karate Alliance - Triple Maximum Sanction

Sponsored By: Louisiana Tech Karate Team/Cotten's Karate
Buster Cotten-Promoter/Director.

Date: **Saturday, February 1, 2025**

Register: Pre-register by January 29th to save money and to also be bracketed in kata in the bottom half of the eliminations. Registration: 7:30a.m. all day, Rules meetings: 10:30a.m. Send pre-registration and make payment to Buster Cotten. 425 Sandy Acres Drive, Quitman LA 71268

Location: Louisiana Tech Lambright Intramural Center—921 Tech Drive, Ruston LA 71272. (From I-20, take Tech Dr. South. In 1/4 mile take left on Bearcat Dr. Intramural parking will be on right.

Entry Fee: Pre-register by January 29th and receive the discounted fee \$65 for 1, 2 or 3 Traditional Events, \$5 discount with USKA membership. NO REFUNDS. Chanbara or Self-Defense competition an additional \$10 or \$25 for only event.

Spectators: Spectators: Adults-\$7.00 & Youth \$5.00 (under 6 years old –free)

Rules: U.S. Karate Alliance tournament rules: No face contact (below adult brown belt), 2min/5 pts win for all sparring divisions. Required Equipment: Traditional uniforms (sleeves past elbows), Foam safety equipment—head hands, feet & mouthpiece, Groin protector-all males.

Trophies: Beautiful custom awards will be awarded for 1st, 2nd, 3rd and 4th places. Medals awarded to all children kata competitors.

Times: Division:
Awards Ceremony.....8:30pm
Chanbara/Self-Defense.....9:00am
Adult Black Belt (weapons & forms).....10:00am
Weapons (Tots, Youth, Teen, Kyu).....11:00am
Adult men & women brown belt (forms & sparring).....1st open ring
7 yrs & under (beg/int/adv—forms & sparring).....11:30am
Adult Kyu (Blue Belt & Up) (forms & sparring).....11:30am
8 & 9 yrs (beg/int/adv—forms & sparring).....12:00pm
10 & 11yrs (beg/inter/adv - forms & sparring).....1:00pm
Adult men/women white/yellow belt forms & sparring)....1:30pm
12 & 13 yrs (beg/int/adv—forms & sparring).....2:00pm
14 & 15 yrs (beg/int/adv—forms & sparring).....2:30pm
16 & 17 yrs (forms & sparring)2:30pm
Adult men & women black & brown belts sparring.....3:30pm
Bracketing (staging) will be 30 min prior to starting time.

Information: Buster Cotten Bacotten@hotmail.com

Ruston

Hotels:

Courtyard Marriot
Sleep inn & Suites
Fairfield Inn & Suites
Onyx Inn & Suites
Best Western Plus

Holiday Inn Express
Quality Inn Ruston
Hampton Inn Ruston
Super 8
Days Inn & Suites

Men: Sparring/Kumite Divisions
Black Belt Grand Champion
Black Belt (division 1)
Black Belt (division 2)
Kyu Men (Blue Belt & Up)
Novice Men
Young Men Advanced (16-17)
Young Men Beginning
Teen Men Int/Adv (14-15)
Teen Men Beginning
Junior Men Advanced (12-13)
Junior Men Intermediate
Junior Men Beginning
Youth Men Advanced (10-11)
Youth Men Intermediate
Youth Men Beginning
Dragons Boys Advanced (8-9)
Dragons Boys Intermediate
Dragons Boys Beginning

Women:
Black Belt
Kyu Women (Blue Belt & Up)
Novice Women
Young Women Adv (16-17)
Young Women Beg
Teen Women Advanced (14-15)
Teen Women Beginning
Junior Women Advanced (12-13)
Junior Women Beginning
Youth Women Advanced(10-11)
Youth Women Beginning
Dragons Girls Advanced (8-9)
Dragons Girls Beginning

Children (m/f):
Tiny Tigers Adv. (6-7)
Tiny Tigers Beg
Mini Mites m/f (5 and under)

Chanbara: (divisions per age group)

Adult (16 & over)
Teen (14-15)
Junior (12-13)
Youth (10-11)
Dragons (8-9)
Tiny Tigers (4 & 5) (6 & 7)
(No. of competitors limited per division)

*****In order to comply with new national ranking guidelines for events sanctioned by the U.S. Karate Alliance, a promoter must combine any sub-divisions with less than three (3) competitors. Purple belt may be placed in inter/adv. Division*****

Forms/Kata Divisions

Men: Black Belt Grand Champ (M/F)
Black Belt (maybe split)
Kyu Men (Blue Belt & Up)
Novice Men

Women: Black Belt
Kyu Women (Blue Belt & Up)
Novice Women

Children M/F:

Young Adult Adv. m/f (16-17)
Young Adult Beg. m/f (16-17)
Teen Int/Adv m/f (14-15) 1 div
Teen Beginning m/f
Junior Advanced m/f (12-13)
Junior Intermediate m/f
Junior Beginning m/f
Youth Advanced (10-11 M/F)
Youth Intermediate
Youth Beginning
Dragons Advanced (8-9 M/F)
Dragons Intermediate
Dragons Beginning
Tiny Tigers Adv. (6-7 M/F)
Tiny Tigers Beginning
Mini Mites m/f (5 under)

Weapons:

Black Belt Men
Black Belt Women
Kyu Division
Teen Division (14-17)
Youth Division (12-13)
Youth Division (10-11)
Dragons Division (9 & under)

Self-Defense:

Adult Black Belt
(Men/Women-16 yrs & older)
Adult Kyu M/W
(Beg/Int/Adv 1 div)
Youth (Int/Adv, 1 div)

*****Self-Defense/One-Step division only offered to intermediate and advanced ranked competitors in Youth and Adult divisions. Divisions may be split based on number of competitors*****

2025 USKA South Central Regional Championships
USKA Triple Maximum Sanction

Send pre-registration and make payment to: Buster Cotten, 425 Sandy Acres Drive, Quitman LA 71268

February 1, 2025 LaTech Lambright Center – Ruston, LA

Official Tournament Registration Form

\$65 – 1, 2 or 3 Traditional Events. Chanbara or Self-Defense \$10 (\$25 if only event entered)

No checks or refunds. \$5 discount with U.S. Karate Alliance membership

Please indicate the divisions you wish to enter by circling the event.

Events: Chanbara: Sparring: Forms: Weapons: Self-Defense:

Name: _____ Age: _____ M/F _____ DOB. _____

Address: _____ City: _____

State: _____ Zip: _____ Rank: _____ Style: _____

Email: [Grid]

Is this your first USKA karate tournament? **Y / N**

Instructor: _____ (Dojo) School: _____ Style: _____

Dojo [Grid]

Email: [Grid]

In submitting said application, the undersigned hereby gives permission for the contestant to participate in said 2024 USKA South-Central Regional Championships to be held at LaTech Lambright Center, Ruston, Louisiana on February 1, 2025. Acting for myself, or as the parent of legal guardian for the contestant, I do hereby assume all risk of injury to said contestant while participating in and traveling both to and from said 2025 USKA South Central Regional Championships acting for myself, my heirs, personal representatives and assigns, do hereby release the tournament promoters, United States Karate Alliance, and association, the officers, agents, employees and representatives of said organizations, United States Karate Alliance, Inc., Buster Cotten, RPAR, Buster Cotten's Karate, La. Tech University and any and all competitors and fellow participants, individually and collectively, from any liability (now and forever). As a parent or legal guardian, I agree to indemnify any such organization for any loss or expense by reason of any claim by child or ward.

Date: _____ Signature of Contestant or Guardian _____

United States Karate Alliance, Inc.

P.O. Box 20609 Albuquerque NM 87154 uskaratealliance@gmail.com www.uskaratealliance.com

MEMBERSHIP APPLICATION

New Individual Membership
\$59

Individual Membership Renewal
\$49

USKA Member Number: [Grid]

Expiration Date: [Grid]

First Name: [Grid]

Last Name: [Grid]

Date of Birth: [Grid] Age: [Grid] Sex: M / F

Phone: [Grid]

Email: [Grid]

Address: [Grid] City: [Grid] State: [Grid]

Zip: [Grid] Instructor: [Grid]

School: [Grid]

Rank: [Grid] Year Started: [Grid] Style: [Grid]

Applicants Signature _____

Check payable to: United States Karate Alliance, Inc. CreditCard: Visa MasterCard Discover

(Amex is not accepted at this time)

CC# [Grid] **Expiration Date:** [Grid] **CVV:** [Grid]

Phone: [Grid] **Zip Code:** [Grid] **Date:** _____

Cardholder's Signature _____